

From: The Network Addressing Collegiate Alcohol and Other Drug Issues
<contact@thenetwork.ws>

Subject: News from the Front

Reply: contact@thenetwork.ws



The Network: News from the Front

Good Decisions Begin with Accurate Information

The Network

The Network is a national consortium of IHE professionals aimed at sharing and disseminating information to help curb alcohol and other drug abuse as well as violent behavior among college students.

Begun in 1987 by the US Department of Education, the Network is a voluntary membership organization whose member institutions agree to adhere to a set of standards aimed at reducing alcohol and other drug problems. It now has over 1,500 members. For more information visit our [website](#).

Volunteer Profile

Issue: # 18

March 21, 2008

Network Members,

I trust that you, like me, are looking forward to spring and continuing (as in years past) to look for the "sliver bullet" that will cure the dilemmas that seem to attach themselves to our students' spring breaks. In fact, we can make the mistake of spending so much time focused on the problems that we essentially ignore:

The students who spend their spring breaks doing community service

The students that take their "vacation" time to work extra hours at their part time jobs

The students who use their breaks to spend time with family.

As you appreciate the spring blooms and sunshine, let it remind you to appreciate those students and to congratulate them on their positive choices.

Sincerely,

Carla Lapelle, Chair

Volunteer Profile

Name: Marveen Mahon
Position: State/Territory Coordinator Texas
Region: AR-OK-TX

Title: Director of Health Services

E-mail: marveenm@uiwtx.edu

How The Network is beneficial to members:

"The Network keeps members informed about regional and national events that relate to alcohol, other drug, and violence prevention. It's a great way to "Network" with colleagues in higher education about AODV issues and initiatives happening on their campus or in their region/state. What a great resource for anyone in the prevention / education field!"

Trivia

Carla Lapelle, Chair

The Network

New Marijuana? Salvia Gains Steam

A popular hallucinogenic drug on college campuses remains legal, but for how long? www.chicagotribune.com See link to video podcast on *Salvia divinorum* feature in "Online Resources" below.

Drugs in the Drinking Water?

Over the past decade, European chemists have been documenting widespread pharmaceutical contamination of their lakes, streams, and groundwater. In San Francisco this week, U.S. and Canadian scientists offered preliminary confirmation that traces of drugs, excreted by people and livestock, similarly pollute American waters. Read the article at *Science News Online* <http://www.sciencenews.org/articles/20000401/fob1.asp>

To read *Environmental Health Perspectives'* spin on "Damming the Flow of Drugs into Drinking Water," visit <http://www.ehponline.org/members/2005/113-10/spheres.html>

OP-ED

Virtual Connections for Sobriety Support

By Eva Glahn Atkinson, MA, CADC, LMFT @ Brescia University
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The purpose of this article is to explore "clean & sober" support in the social networking jungle.

With 217,000,000 accounts, MySpace.com may be the most popular, worldwide social-working site. Members' sites include an AA clubhouse in Florida, information about AA from a "72 year old male in Oregon" and The Sober Cafe Podcast from Nashville.

At 58,000,000 members, Facebook.com originally limited membership to those applicants lucky enough to have an email address ending in .edu from one of the colleges or universities approved by the site owners. According to the site, "Facebook is a social utility that connects people with friends and others who

What is the connection between whiskey, George Washington, and Allegheny County, PA?

Online Resources

Salvia divinorum Video Podcast - This 27 minute lecture by Dr. James Lange, SDSU, will introduce the campus administrator or prevention professional to Salvia Divinorum. Visit [Link](#)

Risk Management and the Millennial Generation - By Darby Dickerson, Steton University College of Law. Excellent overview of working with contemporary college students. Download a copy at [Link](#)

Social Networking in Plain English - This brief video presents an excellent overview of online social network (think MySpace, FaceBook, etc.) that *anyone* can understand. Visit [Link](#)

Bodybuilding's Dark Side: Clues to Anabolic Steroid Use

Users of anabolic-androgenic steroids rarely seek treatment or disclose their drug use. Visit [Link](#)

Your First Steps to Change: Gambling

This is a self-change toolkit to help people evaluate their own addiction-related behavior and develop

a social utility that connects people with friends and others who work, study and live around them...ANYONE can join." (Retrieved from: <http://www.facebook.com/about.php>) Facebook does include what appear to be legitimate recovery support groups like AA and NA. Be aware: most of the groups with the words "Alcoholics" and "Anonymous" in their title are dedicated to drinking &/or hangover recovery; and personal anonymity is not part of the Facebook experience!

One of the newest entries in the social networking experience is WebTribes.com. The five "Tribes" have unique URLs to connect to social networks for depression, anxiety, OCD, AIDS/HIV and addiction. "Founded in 2006 in Los Angeles, California, WebTribes is an innovator in online social networking communities designed to bring people with similar life issues together from around the world that are in need of support." (retrieved from: <http://www.prweb.com/releases/mentalhealth/addiction/prweb486724.htm>) While a young network as social utilities go, this one may have the most promise for those seeking real support in a virtual way!

If your social web is not yet large enough, there are nearly four score and twenty sites listed at:

http://en.wikipedia.org/wiki/List_of_social_networking_websites

Spinning the Science: Drinking and Violence Depend on Context

- Aggression and violence among university students often involve alcohol consumption.
- A new study has found that both drinking levels and drinking contexts are important.
- Aggression is more likely when students drink at a fraternity, sorority or campus residence, and when a partner is present.
- Attending parties also increases the risk of aggression, especially for women.

To read more on this research, visit <http://www.nattc.org/asme/details.asp?ID=372>

behavior and develop change strategies. [Link](#)

Reducing the Risk of Addiction to Prescribed Medications

Pressure to alleviate patients' distress can lead to over-prescribing, needless side effects, and even addiction. Visit [link](#).

[NFTF Archives](#)
[Network BLOG](#)

<http://www.nattc.org/asme/details.asp?ID=372>

Student Research Award

The Network Addressing Collegiate Alcohol and Other Drug Issues, also known as "The Network," is pleased to announce its 2008 Biennial Margaret J. Barr Student Research Award Competition. The Network, developed by the U.S. Department of Education in 1987, serves as a liaison between the Department and member institutions as well as other higher education professional organizations. This competition is open to any undergraduate or graduate student at a member institution of The Network (search online "Members" database at <http://www.thenetwork.ws> to ascertain institutional membership and/or to seek free membership). The Network will provide one award of up to \$5,000 for original student research that is consistent with our organization's mission to address alcohol/other drug abuse and violence prevention in higher education. Additional information on the student research award and application forms can be found on-line at <http://www.thenetwork.ws>. Application deadline is November 1, 2008. For more information, contact Annann Hong, PhD, MPH at ahong@uicalumni.org.

Trivia Answer

The Whiskey Rebellion of 1794 - The first test of power of the new federal government, the first use of the Militia Law of 1792, and the first and only time a sitting president of the United States (George Washington) put on a military uniform and led a military force into an armed conflict. To read more about the Whiskey Rebellion, visit <http://www.earlyamerica.com/earlyamerica/milestones/whiskey/> or http://www.essortment.com/all/whiskeyrebellio_rzjj.htm and for the true student of American History, read Wm. Hogeland's *The whiskey rebellion: George Washington, Alexander Hamilton, and the frontier rebels who challenged America's new found sovereignty* - see <http://tinyurl.com/2uomyw>

News From the Front is edited by Robert J. Chapman, PhD and Sara Pucke. Suggestions for articles, news items, and online

resources are always welcomed. To submit to NFTF, send email to chapman.phd@gmail.com. For more information on the Network, visit <http://www.thenetwork.ws>

AOD related Online discussion group

If you are not a subscriber to the Drughied online (Google) discussion group, then you may want to explore the group and its web site. If you would like to participate in the discussion, subscribing is easy and all requests from .edu domains are automatically subscribed. Request for subscription from other than .edu domains are vetted to ensure interest in the group's discussion focus and discourage spam. Visit <http://group.google.com/group/drughied> Click on "join" or if you have difficulty email chapman.phd@gmail.com

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